

Teacher Booster Discussion Guide



Decisions - Session 1 - Making Decisions

Introduction

These discussion questions are provided as suggestions to assist teachers to deepen the students comprehension of the content that has been taught as part of your schools Life Ed visit. The Booster Session discussions integrate a variety of question styles to engage learners; by activating prior knowledge, revisiting new knowledge and extending understanding by posing open-ended questions. The booster sessions can be used in a couple of ways after the Life Ed visit. Teachers may like to watch the video in full and use the discussion points as a summing up activity. Teachers may also like to stop the video throughout to pose questions, or respond to student ideas and questions.

Note:

Life Ed is committed to child safety, health and wellbeing. We want all children to be safe, happy and empowered. When learning about these important ideas and topics, teachers are reminded to follow your school's Child Protection Policy to ensure that classrooms are a safe learning space.

What did Gabby's friends discuss doing when she didn't turn up at the movies?

(Tamara: Text her. Tamara and Jenny: Stay at the movies. Jackson & Tyler: Walk down to the skate park, miss the film, lie to their parents about seeing it. They put pressure on the others. David: Go to the candy bar.)

How can the SEARCH model help us make decisions?

(Situation – What's happening? Emotion – How is everyone feeling? Action – What could you do? Review – What might happen then? Choose – Which is the best action? How – How did it go?)

What are some ways of dealing with peer pressure?

(Say exactly how you feel, say no, change the subject, or make up an excuse.) (open ended)

Why did Christie start smoking?

(Her older cousin smoked, perhaps she was curious, perhaps she wanted to be like her cousin.)

What are some reasons most young people choose not to smoke?

(They want to look and feel good, they want to be fit and healthy, they play sport, they don't want bad breath, they don't want to become addicted or spend their money on cigarettes.) (open ended)

What are some factors that influence our decisions?

(Friends, family, media and advertising.)

How does advertising influence us?

(It persuades us to do something or buy something.) (open ended)

Can you think of any ads that are persuasive about unhealthy products?

(Open ended.)