

Harold's Friend Ship - Session 2 - Feeling Good and Safe

Introduction

These discussion questions are provided as suggestions to assist teachers to deepen the students comprehension of the content that has been taught as part of your schools Life Ed visit. The Booster Session discussions integrate a variety of question styles to engage learners; by activating prior knowledge, revisiting new knowledge and extending understanding by posing open-ended questions. The booster sessions can be used in a couple of ways after the Life Ed visit. Teachers may like to watch the video in full and use the discussion points as a summing up activity. Teachers may also like to stop the video throughout to pose questions, or respond to student ideas and questions.

Note:

Life Ed is committed to child safety, health and wellbeing. We want all children to be safe, happy and empowered. When learning about these important ideas and topics, teachers are reminded to follow your school's Child Protection Policy to ensure that classrooms are a safe learning space.

Red was feeling a little bit scared of how dark it was in space, and his body was giving him some signals.

What are some body signals that let you know that you're feeling nervous or scared?

(Headache, faster heartbeat, rapid breathing, nervous butterflies in your tummy, sweaty skin or goose bumps, needing to go to the toilet urgently.)

Who are some trusted adults that can help if you're feeling nervous or scared?

(Family and friends, teachers, coaches and special teachers, trusted neighbours and even the police.)
(open ended)

What are some of the jobs that police men and women do to try and keep everyone safe?

(patrolling the streets to prevent crimes and accidents, helping people who are lost or scared.)
(open ended)

What are some ways we can help the police to keep us safe?

(Keeping ourselves safe; making sure a trusted adult knows where we are; crossing at pedestrian crossings; always wearing a helmet while on a bike, skateboard or scooter; walking on the footpath not the road; wearing a seatbelt while in the car; only going near animals that are your own pet; staying clear of hot or sharp objects; if you can't find anybody to help - dialling 000.)