

## Ready Steady Go! - Session 3 - Staying Safe

### Introduction

These discussion questions are provided as suggestions to assist teachers to deepen the students comprehension of the content that has been taught as part of your schools Life Ed visit. The Booster Session discussions integrate a variety of question styles to engage learners; by activating prior knowledge, revisiting new knowledge and extending understanding by posing open-ended questions. The booster sessions can be used in a couple of ways after the Life Ed visit. Teachers may like to watch the video in full and use the discussion points as a summing up activity. Teachers may also like to stop the video throughout to pose questions, or respond to student ideas and questions.

### Note:

Life Ed is committed to child safety, health and wellbeing. We want all children to be safe, happy and empowered. When learning about these important ideas and topics, teachers are reminded to follow your school's Child Protection Policy to ensure that classrooms are a safe learning space.

### What are some sun safe items we can take with us if we're spending time outdoors?

(Sunscreen, hat, sun glasses, long sleeve shirt, a fruit snack, water bottle, shoes.)

### What are some other ways to stay safe at school, home and the community?

(Don't do unsafe/inappropriate things in the classroom, wear a hat, ride to school wearing a helmet and with an adult, use pedestrian crossings, move away from smokers, don't approach strangers, check who's at the door before opening it, don't run near sharp objects, don't share personal information on the internet, don't share medicines.) (open ended)

### How about ways to stay safe at the pool?

(Enter the pool using the ladder or steps instead of diving or jumping, use a pool noodle or other floatation device, only swim with an adult, only walk around the pool don't run, remove your goggles when you're out of the pool, make sure a trusted adult is watching you.) (open ended)

### Who are some people that can help you when you're out in the community?

(Teachers, known adults like your friend's parents, a worker in a shop, police, pharmacist/chemist, doctor) (open ended)

### Why do we need rules?

(So we can continue to have fun safely) (open ended)