

# Decisions Booster Session 1 - Assessment Task



## Learning Intention:

Today we are: learning about influence.

So we can: make informed decisions and keep ourselves safe

I will know I have been successful: when I can provide strategies to keep myself safe from a negative or unwanted influence.

<p>Sometimes people might try to influence your choices—like what to wear, say, or do. It's okay to listen, but remember: you're in charge of your decisions! Trust yourself and choose what feels right for you.</p>	<p><b>Assessment Task:</b> Write a response to the 4 questions below. Do <b>NOT</b> include:</p> <ul style="list-style-type: none"><li>• personal stories or experiences</li><li>• names of people</li></ul>
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## Standing Up To Influence

**WHO** are some people that may try to influence a person's decisions?

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

**WHY** may people or the media try and influence other people's decisions?

**WHAT** may other people or the media try and influence a person to do?

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

1 \_\_\_\_\_  
2 \_\_\_\_\_

**HOW** could a person respond to someone trying to influence them, if they don't want to do something?