# Decisions Booster Session 2 Assessment Task





### Learning Intention:

Today we are: learning about what a drug is

So we can: distinguish between legal and illegal drugs.

I will know I have been successful: when I can share my knowledge about legal and illegal drugs.

In this lesson you have learnt more about the physical, social, financial and legal impacts of alcohol and other drugs. Choices about drugs and alcohol can affect a person's everyday life.

#### **Assessment Task:**

Read each below question carefully and select the most appropriate answer.

## What Is a Drug?: Multiple-Choice Quiz

#### 1. What is a drug?

- a) A medicine or substance that changes the way the body or mind works.
- b) A drink used for hydration.
- c) A type of food that gives energy.
- d) A chemical found only in illegal products.

## 2. Which of the following is an example of a legal drug?

- a) Caffeine in coffee or tea.
- b) Cannabis in all circumstances.
- c) Cocaine.
- d) Heroin.

## 3. Which of these is considered a stimulant?

- a) Alcohol.
- b) Nicotine.
- c) Painkillers.
- d) Cough syrup.

#### 4. Which of these drugs is a depressant?

- a) Energy drinks.
- b) Alcohol.
- c) Chocolate.
- d) Cola.

## 5. What is the difference between medical and non-medical drug use?

- a) Medical use is for fun, non-medical use is for health.
- b) Medical use is supervised by a doctor, nonmedical use is not.
- c) Medical drugs are illegal, non-medical drugs are legal.
- d) There is no difference.

#### 6. Which of the following is an illegal drug?

- a) Paracetamol.
- b) Cocaine.
- c) Antibiotics.
- d) Caffeine.

#### 7. What does a stimulant drug do to the body?

- a) Slows down the brain and nervous system.
- b) Speeds up the brain and nervous system.
- c) Makes you feel sleepy.
- d) Stops your heart from beating too fast.

## 8. Which of these is a potential risk of non-medical drug use?

- a) Improved long-term health.
- b) Increased energy and focus.
- c) Addiction and harm to the body.
- d) Cure for all diseases.