

Decisions Booster Session 3 - Assessment Task

Learning Intention:

Today we are: learning about peer-pressure and influence.

So we can: respond appropriately to keep ourselves safe.

I will know I have been successful: when I can respond to peer-pressure in different ways.

In this lesson you have learnt more about your own decision-making skills by looking at choices and the consequences of them.

You have learnt ways to respond to peer-pressure and influences on your decision-making.

Assessment Task:

Write a response someone could say to another person when they are being pressured or influenced to do something that they don't want to do or don't feel comfortable doing.



Responding To Peer-Pressure

Excuse

Give a believable excuse for not wanting to be pressured into something.

Explain

Be honest and explain your reasons for not wanting to do something.

Challenge

Ask the person questions about why they are pressuring you.

Assertive

Speak with a strong and clear voice. Just say exactly how you are feeling about being pressured.
