

Harold's Online World Booster Session 3 - Assessment Task



Learning Intention:

Today we are: identifying body clues and people who can help to keep us safe.

So we can: feel safe when we are online.

I will know I have been successful: when I can list body clues and people who can keep me safe.

Assessment Task: Body Clues

Your body can send you feelings to let you know that it may be unsafe, worried, scared, or uncomfortable.

Match and write the correct body clue labels from the word bank to the picture below.

(wobbly knees, sweating, faster breathing, butterflies in stomach, racing heart, need to go to the toilet, goosebumps on skin)

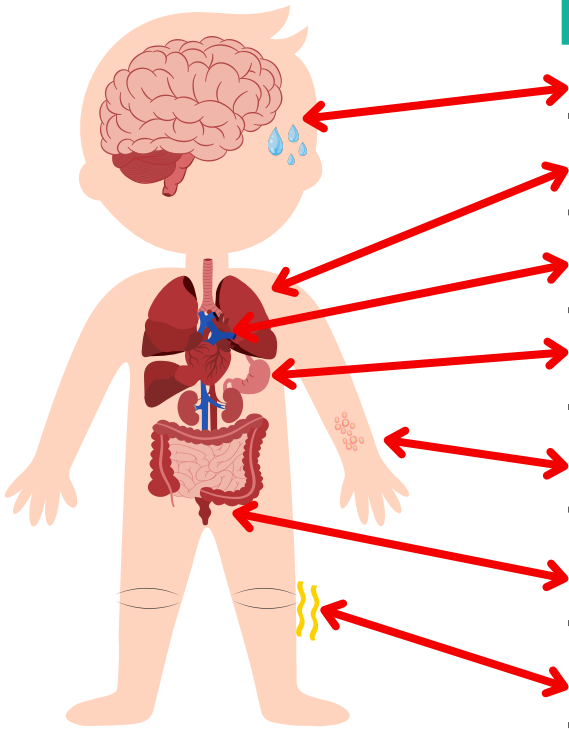
Assessment Task: Help-Seeking

Sometimes kids need adult help if they feel sad, worried, scared or uncomfortable.

Trusted adults are people whose words and actions make you feel safe online and offline.

Write down 5 adults that you can trust to listen to you or help you if you need it.

Body Clues



Help-Seeking - My 5 Trusted Adults

1) _____

2) _____

3) _____

4) _____

5) _____