

Teacher Booster Discussion Guide



Harold's Online World - Session 3 - Body Clues And Help-Seeking

Introduction

These discussion questions are provided as suggestions to assist teachers to deepen the students comprehension of the content that has been taught as part of your schools Life Ed visit. The Booster Session discussions integrate a variety of question styles to engage learners; by activating prior knowledge, revisiting new knowledge and extending understanding by posing open-ended questions. The booster sessions can be used in a couple of ways after the Life Ed visit. Teachers may like to watch the video in full and use the discussion points as a summing up activity. Teachers may also like to stop the video throughout to pose questions, or respond to student ideas and questions.

Note:

Life Ed is committed to child safety, health and wellbeing. We want all children to be safe, happy and empowered. When learning about these important ideas and topics, teachers are reminded to follow your school's Child Protection Policy to ensure that classrooms are a safe learning space.

Who are 5 trusted adults who could help you?

(open ended)

What are some of the clues your body can give you to let you know that you are; sad, unsafe, worried, scared, or uncomfortable?

(sweating, faster breathing, racing heart, butterflies in stomach, goosebumps, need to go to the toilet, wobbly knees)

Explain the 4 steps 'Stop, Think, Go, or No' with a partner or small group.

(open ended)