My Body Matters Assessment Rubric





Attention: Teachers

Use this assessment rubric to assist with assessing the student comprehension of Booster Session content.

	Working Towards (Basic)	At Standard (Sound)	Above Standard (High)	Well Above Standard (Outstanding)
Booster Session 1 My Body Needs	Student is working towards illustrating and writing/ or verbalising at least one of the needs of the human body.	Student can illustrate, and write/ or verbalise a simple sentence to describe two needs of the human body and how these help to keep the body healthy.	Student can write two sentences to describe two needs of the human body. Student can provide examples of how these help to keep the body healthy to support their writing.	Student can write a comprehensive paragraph to describe two needs of the human body. Student articulated examples of how these help to keep the body healthy to support their writing.
Booster Session 2 Food	Student is working towards illustrating and writing/ or verbalising a healthy meal they like to eat with family and friends.	Student is able to illustrate and write about a meal they like to eat with others, and one reason that makes it healthy.	Student writes about their favourite meal to eat with others by identifying and elaborating reasons that make it a healthy choice.	Student confidently writes about their favourite meal to eat with others by identifying and elaborating multiple reasons that make it a healthy choice.
Booster Session 3 Being Active	Student is working towards illustrating and writing/ or verbalising their favourite game or sport to keep active with friends.	Student identifies, writes and illustrates their favourite game or sport to keep active with friends, and one reason why they like it.	Student identifies, writes and illustrates their favourite game or sport to keep active with friends, and multiple reasons why they like it. and the benefits it brings.	Student confidently identifies, writes and illustrates their favourite game or sport to keep active with friends, and multiple reasons why they like it. and the benefits it brings.

