

Attention: Teachers

Use this assessment rubric to assist with assessing the student comprehension of
Booster Session content.

	Working Towards (Basic)	At Standard (Sound)	Above Standard (High)	Well Above Standard (Outstanding)
Booster Session 1 Healthy Body	Student is working towards writing/ or verbalising at least one of the factors that support energy and health: food and/or physical activity	Student can write two simple paragraph to explain how food gives us energy or the importance of being physically active	Student can write two paragraphs to explain how food gives us energy and the importance of being physically active and the link between health and well being. Student can provide examples to support their writing.	Student can write two comprehensive paragraphs to show how food gives us energy and the importance of being physically active and the link between health and well being. Student articulated many examples of words and actions to support their writing.
Booster Session 2 Calm Mind	Student displays a basic awareness of body clues/ early warning signs and can draw and label at least one body part and articulate (verbally or in writing) how to calm down and /or seek help	Student displays an understanding of body clues/ early warning signs and can draw and label at least three body parts and articulate in simple form (written or verbally) at least two ways to calm down and/or seek help	Student demonstrates solid understanding body clues/ early warning signs and can draw and label at least three body parts and describe how they feel when a person is nervous. They can write more than two ways to calm down and/or seek help	Student demonstrates comprehensive understanding of the concept of body clues and can draw and label more than three body parts and describe how they react to stress/ nerves. They write at least three ways to manage these feelings.
Booster Session 3 Stayng Safe	Student displays a basic understanding of school rules and how they keep us safe. They can explain the reasons for at least one rule to their peers.	Student displays an understanding of school rules and how they keep us safe. They can list at least three rules and explain the reasons for the rules to peers	Student displays a soild understanding of school rules and how they keep us safe. They can list at least five rules and explain the reasons for these rules.	Student displays a comprehensive understanding of school rules and how they keep us safe. They list more than five rules and clearly articulate the reasons for the rules in terms of safety.

