

My Body Matters Booster Session 1 - Assessment Task



Learning Intention:

Today we are: identifying some of the needs of the human body.

So we can: help to keep our body healthy and safe.

I will know I have been successful: when I draw and write about the needs of the body.

Write about two needs of the human body.

The human body needs certain things to keep it healthy and safe including:

Food, water, fresh air, shelter, sleep, hygiene.



Assessment Task:

Make sure you:

- draw a picture of two needs of the human body.

Don't forget

- To write about how it helps the body.
eg. Food helps me to
Water helps me

My Body Needs
